

PORTLAND PARKS AND RECREATION YOUTH BASKETBALL 2017 – 2018

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CO-ED VOLLEYBALL



BABYSITTING CLASS

HOLIDAY SPECIAL EVENTS TRICK OR TREAT ON MAIN STREET



PANCAKE BREAKFAST WITH SANTA
HOLIDAY LIGHT PARADE, CAROL SING & TREE LIGHTING

PORTLAND HISTORICAL SOCIETY "FUNDRAISER"
JINGLE & MINGLE, A FESTIVAL OF WREATHS

NEW ON-LINE REGISTRATION WWW.PORTLAND.RECDESK.COM

PRE-SEASON YOUTH BASKETBALL CLINICS

Great chance to get ready for the season!!! The Parks and Recreation Department will be hosting a series of pre-season drills and clinics during the fall to help prepare youth in grades 1 – 8 for the upcoming basketball season. **Fee: \$15 for the program**

Gender/Grade	Site	Day	Dates	Time
Girls 3 & 4	Gildersleeve School	Thursdays	Nov. 2, 9, 16	5:30 – 6:30 pm
Boys 3 & 4	Gildersleeve School	Thursdays	Nov. 2, 9, 16	6:30 – 7:30 pm
Girls 1 & 2	Valley View School	Thursdays	Dec. 7, 14, 21	5:00 - 5:45pm
Boys 1 & 2	Valley View School	Thursdays	Dec. 7, 14, 21	6:00 - 6:45pm



Youth Basketball Program

Instructional K-1 Basketball Program

This program is instructional only. Concentration is on dribbling, passing and shooting along with small-sided games that are developed each week. Each child will receive a tee shirt. The program is co-ed. You must be a Portland Resident.

Day: Saturdays	Dates: January 6th – February 10th
Fee: \$37	Place: Gildersleeve School
Grade: K – 1 ST	Instructor: Parks and Recreation Staff
8:00 to 8:45 a.m. Kindergarten	9:00 a.m. to 9:45 a.m. First Grade

Instructional 2nd Basketball Program

This program is instructional. Concentration is on dribbling, passing and shooting along with a progression into 3 v 3 games. Each child will receive a tee shirt. The program is **not** co-ed. You must be a Portland Resident.

Day: Saturdays	Dates: January 6th – February 10th
Fee: \$42	Place: Gildersleeve School
Grade: 2nd	
10:00 a.m. to 10:45 a.m. Boys Second Grade	11:00 a.m. to 11:45 am Girls Second Grade

All registered 2nd graders may participate in our Thursday Night Practices Sessions

Girls 2nd	Valley View	Thursdays	Jan. 11 – Feb. 8	5:00 – 6:00 pm
Boys 2nd	Valley View	Thursdays	Jan. 11 – Feb. 8	6:00 – 7:00 pm

RECREATION BASKETBALL LEAGUE

Portland Parks and Recreation Youth Basketball League is designed to give Portland children the opportunity to experience and enjoy the game of basketball. There will be one practice during the week and one game or practice on Saturday and an occasional Friday. Each child will receive a team shirt. Leagues are **NOT** co-ed. You must be a Portland Resident.

Grades: Boys 3 – 8 and Girls 3 – 8

Boys and Girls Grades 3 – 4

Player Evaluation (To help assist with Team Selection) at Gildersleeve School

Fee: \$60 before December 1st or \$70 on or after December 1st

Girls Monday, November 27th

Grades 3 & 4 – 5:00 - 6:30 p.m.

Grade 3 and 4 Basketball is designed for boys and girls to learn basic rules of basketball and develop skills in a non competitive encouraging environment. Coaches and officials will use teachable moments to help players learn rules and develop good sportsmanship practices while gaining skills and making new friends. Scores are not kept in beginner games. Practice will begin the week of December 4th and games will begin the weekend of January 6th.

Boys, Monday, November 27th

Grades 3 & 4 - 6:30 – 8:00 p.m.

Boys and Girls Grades 5 – 6

FEE: \$70 PER PLAYER - \$80 AFTER DECEMBER 1ST

The Player Evaluation will be set up as three, drill based practices, reviewing and teaching individual and team fundamentals. We recommend that each player attend one Player Evaluation BUT if they can not, they will still be placed on a team. We encourage players to come to as many of the evaluations as possible. Even though we call it an evaluation, the main objective is to get the players into the gym, play some basketball, and have some fun! After the third evaluation, if we have enough coaches, we will develop teams and start practices.

GIRLS 5TH AND 6TH GRADE EVALUATION/PRACTICE

Thursday, November 2 – 6:30 to 7:30 pm at Portland High School

Friday, November 3 – 6:30 to 7:30 pm at Portland High School

BOYS 5TH AND 6TH GRADE EVALUATION/PRACTICE

Thursday, November 2 – 5:30 to 6:30 pm at Portland High School

Friday, November 3– 5:30 to 6:30 pm at Portland High School

Grade 5 and 6 Basketball is designed for boys and girls to use practices and games as opportunities to learn basic rules of basketball and develop skills in an encouraging environment. Practices will begin in November. The teams will play games on Fridays/Saturdays starting in December. There will be some games out of town. Score is kept at this level. ***TEAMS WILL BE SELECTED in November once coaches are selected and evaluations are completed. NOVEMBER EVALUATION/PRACTICES WILL BE SKILL DEVELOPMENT AND SCRMMAGE.***

Boys and Girls Grades 7 – 8

FEE: \$70 PER PLAYER - \$80 AFTER DECEMBER 1ST

The Player Evaluation will be set up as two drill based practices, reviewing and teaching individual and team fundamentals. We recommend that each player attend one Player Evaluation BUT if they can not, they will still be placed on a team. We encourage players to come to as many of the evaluations as possible. Even though we call it an evaluation, the main objective is to get the players into the gym, play some basketball, and have some fun! After the second evaluation, if we have enough coaches, we will develop teams and start practices.

GIRLS 7TH AND 8TH GRADE EVALUATION/PRACTICE

Thursday, November 2 – 6:30 to 7:30 pm at Portland High School

Friday, November 3 – 6:30 to 7:30 pm at Portland High School

BOYS 7TH AND 8TH GRADE EVALUATION/PRACTICE

Thursday, November 2 – 7:30 to 8:30 pm at Portland High School

Friday, November 3 – 7:30 to 8:30 pm at Portland High School

Grade 7 and 8 Basketball is designed for boys and girls to use practices and games as opportunities to learn basic rules of basketball and develop skills in an encouraging environment. Practices will begin in November. The teams will play games on Fridays/Saturdays starting in December. There will be some games out of town. Score is kept at this level. ***TEAMS WILL BE SELECTED in November once coaches are selected and evaluations are completed. NOVEMBER EVALUATION/PRACTICES WILL BE SKILL DEVELOPMENT AND SCRMMAGE.***

COACHES MEETING for GRADES 3 - 8 **RECREATION BASKETBALL**



There will be a coaches meeting for all recreation basketball coaches on
GRADE 3 AND 4 - Thursday, November 30th – 6:00 pm at the Parks and Recreation Office.
GRADE 5 AND 8 – Tuesday, November 7th – 6:00 pm at the Parks and Recreation Office

IF INTERESTED IN COACHING, PLEASE FILL OUT COACHES APPLICATION

HEADS UP to Youth Sports

To help ensure the health and safety of young athletes, CDC developed the HEADS UP Concussion in Youth Sports initiative to offer information about concussions to coaches, parents, and athletes involved in youth sports. The HEADS UP initiative provides important information on preventing, recognizing, and responding to a concussion.



AMERICAN RED CROSS "BABYSITTING COURSE"

This course provides youth planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, choose safe and appropriate toys and games, diapering, bedtime, keeping themselves and others safe and help children behave along with learning about basic child care and basic first aid. A great way to get your teen ready for a babysitting job!

Day: Monday- Tuesday Date: November 20 & 21 Age: 11 – 15 years old
Time: 12:15 to 2:45 p.m. Fee: \$55 Site: Buck Foreman Center

Men's Drop-in Basketball

Looking for the opportunity to shoot some hoops and brush up on your game? Here's a chance to participate in free play basketball games. Portland residents only please.

Under 30 Men's Drop in Basketball: Portland Middle School
Day: Monday Dates: November 6 to April 2
Time: 7:30 – 9:00 pm No Program: 12/25, 1/1, 1/15 & 2/19

Over 30 Men's Drop in Basketball: Portland Middle School
Day: Tuesday Dates: November 7 to April 3
Time: 7:30 – 9:00 pm No Program: 12/26 & 2/20



Adult Co-Ed Volleyball

Participate in this fun, drop-in volleyball program. Bring your friends and join the fun! Sneakers must be worn. This program is free. Must be 18 and Older.

Day: Wednesday Date: November 1 – April 11
Competitive Recreation Time: 5:00 – 6:30 pm
Non – Competitive Recreation Time: 6:30 – 8:00 pm
No Program: 11/22 & 12/27 Site: Gildersleeve School gym

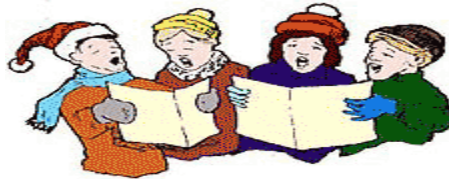


PORTLAND'S 16TH ANNUAL HALLOWEEN DOWNTOWN

Presented by Portland Youth Services
and approximately 45 businesses (Main St. & RT 66)
Friday, October 27th 4:00 PM to 7:30 PM



HOLIDAY HAPPENINGS



Portland Historical Society "Fundraiser" **Jingle & Mingle, a Festival of Wreaths**

"Jingle & Mingle, a Festival of Wreaths, will take place on Saturday, Dec. 2nd and Sunday, Dec. 3rd (coinciding with the Lighted Parade festivities). Wreaths decorated by individuals, businesses and organizations will be on display in the carriage barn, behind the Historical Society's 329 Main Street location, from noon to 4:00 p.m. both days. The winning names will be drawn on Sunday at 4:00 just before the "Holiday Parade". More info will be posted on the website! If you would like to sign up to donate a wreath, please e-mail the Society at portlandcthistory@gmail.com or call Deb at 860-342-1927 prior to Nov. 30th. All proceeds will be used to further the Society's mission to preserve Portland's history and to fund educational projects for the community.



Pancake Breakfast Sunday, December 3rd

Company #1, Middlesex Ave from 7:00am to 11:00am. Your choice of Plain, Blueberry & Chocolate Chip, Sausage and a Beverage. Bring either a food item or unwrapped toy and receive a free breakfast. (Toys and Food will be distributed throughout Portland). Santa will be there from 9:00 to 11:00 a.m. for pictures with your children (take your own or support Portland Youth Services teens Youth Action Council & pay \$3.00. The Youth Action Council will also be on hand to make crafts with the children!



Holiday Parade and Tree Lighting December 3rd

Come back downtown to see the **Holiday Parade**

Starting at the Town Hall on East Main St. down Freestone Ave., ending at Brownstone School for the Tree Lighting and Carol Sing.

Carol Sing starts at 4:45 pm

Parade starts at 5:00 pm

Special Guest will be Santa

YOUTH BASKETBALL COACHES APPLICATION FORM

Name: _____

Home Phone: _____ Work Phone: _____ Cell: _____

Address: _____ E-mail Address: _____

PROGRAMS

- | | | |
|--|--|--|
| <input type="checkbox"/> 2nd Grade program | <input type="checkbox"/> Girls Volunteer | <input type="checkbox"/> Boys Volunteer |
| <input type="checkbox"/> 3 rd /4 th Grade Boys Rec. | <input type="checkbox"/> Head Coach | <input type="checkbox"/> Assistant Coach |
| <input type="checkbox"/> 3 rd /4 th Grade Girls Rec. | <input type="checkbox"/> Head Coach | <input type="checkbox"/> Assistant Coach |
| <input type="checkbox"/> 5 th /6 th Grade Boys Rec. | <input type="checkbox"/> Head Coach | <input type="checkbox"/> Assistant Coach |
| <input type="checkbox"/> 5 th /6 th Grade Girls Rec. | <input type="checkbox"/> Head Coach | <input type="checkbox"/> Assistant Coach |
| <input type="checkbox"/> 7 th /8 th Grade Boys Rec. | <input type="checkbox"/> Head Coach | <input type="checkbox"/> Assistant Coach |
| <input type="checkbox"/> 7 th /8 th Grade Girls Rec. | <input type="checkbox"/> Head Coach | <input type="checkbox"/> Assistant Coach |

First Aid/CPR Training Please Check one box below:

- CPR and/or First Aid Re-cert date TBD
- CPR and First Aid Class date TBD
- Currently CPR and First Aid Certified
CPR expiration date _____ First Aid expiration date _____

Please list any weekday evening you **cannot** coach: _____

Can you practice from 5:00 – 6:00 p.m. if need; Yes: ____ No ____

Do you have any children in this program? Yes ____ No ____

If yes, please list: _____

Have you ever been convicted of a crime or convicted in a military court martial?

Yes _____ No _____

Are you currently under investigation or have a pending charge?

Yes _____ No _____

I certify that the information contained on this Authorization/Release form is true and correct, and acknowledge that I may be precluded from coaching due to false, omitted or fraudulent information.

Signature

Date

Division

PORTLAND PARKS AND RECREATION

Po Box 71, 265 Main Street, Portland, CT 06480 Phone: 342-6757 Fax: 342-6763

www.portlandct.org

Participant's Name: _____ Phone Number: _____

Street Address _____ Apt. # _____ Town: _____ Zip Code: _____

Male: ___ Female: ___ Date of Birth _____ School Grade: _____

(BASKETBALL ONLY)

Shirt Size (Kids) S M L (Adults) S M L XL

List any days **not** available for practice or games: _____

Mother's Name _____ Father's Name _____

Home Number _____ E-mail Address: _____

Mom's Work Phone: _____ Dad's Work Phone: _____

Mom's Cell Phone: _____ Dad's Cell Phone: _____

If a parent is not available:

Emergency Contact: _____ Relationship: _____

Home Phone # _____ Work Phone: _____ Cell Phone # _____

Child's Physician: _____ Phone #: _____

* If there are any medical concerns or allergies that we should be aware of, please list below:

In case of an emergency, may we transport via ambulance? Please circle: Yes No

Please list anyone who does not have permission to pick up your child (If this is a biological parent, a copy of the court order must accompany this form). _____

I give the Portland Parks and Recreation Dept. permission to use any photographs taken during the program to be used in any advertising, i.e. web site, program literature: Yes No

<u>Program(s)</u>	<u>League/Division</u>	<u>Fee</u>
1. _____	_____	_____
2. _____	_____	_____

TOTAL: _____

I hereby agree to hold harmless the Town of Portland and its agents for any accidental injury caused by participation in any Town of Portland sponsored activities. In signing this form, it is understood that Portland Parks and Recreation Department and the Town of Portland **DO NOT** assume responsibility for accidents and the participant(s) agree(s) to abide by all rules and regulations set by the Portland Parks and Recreation Department.

Parent or Guardian: _____
(Print Name) (Signature) (Date)

