

PORTLAND PARKS AND RECREATION
PRESENTS
**JR. HIGHLANDER
SOFTBALL CLINIC**

Summer 2017 Register now!

Sign-up deadline: August 11,2017

Where? Held at the Portland high school softball field

Who? Girls entering grades 3-7 September 2017

When? Wednesday, August 16, 2017 through Friday, August 18, 2017

FEE: \$30

Each day will run 9am-1pm.

Prizes will be presented to the player of the day!

FREE T-SHIRTS

Pack a lunch, snacks, and water to keep hydrated

This camp will be intended to teach girl fundamental skills necessary to play softball. We will teach players, who want to learn, how to be a pitcher and/or catcher. Players will develop offensive and defensive skills. As well as, learn the importance of stretching, hydrating, fueling your body and how an athlete should take care of themselves.

We'd love to see you there! Come if you know how to play or would like to learn how to play!

***Registration forms will be available through Portland Parks and recreations.**

Go to www.portlandct.org and register today*

Girls Softball Camp Directors

Abigail Dillon-16, Senior at Portland High School, Catcher on the PHS Softball Team

Alicia Archuleta-17, Senior at PHS, Shortstop on the PHS softball team

Head Portland High School Softball Coaches: Ashley Thody, Dave Opuszynski, and Tim Nolan

**Portland High School Athletic Trainer: Claire Cosgrove
Former and Current Portland High School Softball Players**

PORTLAND PARKS AND RECREATION

Po Box 71, 265 Main Street, Portland, CT 06480 Phone: 342-6757 Fax: 342-6763
www.portlandct.org

Participant's Name: Phone Number:

Street Address Apt. # Town: Zip Code:

Male: Female: Date of Birth School Grade:

Shirt Size (Kids) S M L (Adults) S M L XL

Please list any days not available:

Mother's Name Father's Name
Home Number E-mail Address:
Mom's Work Phone: Dad's Work Phone:
Mom's Cell Phone: Dad's Cell Phone:

If a parent is not available:

Emergency Contact: Relationship:

Home Phone # Work Phone: Cell Phone #
Child's Physician: Phone #:

* If there are any medical concerns or allergies that we should be aware of, please list below:

In case of an emergency, may we transport via ambulance? Please circle: Yes No

Please list anyone who does not have permission to pick up your child (If this is a biological parent, a copy of the court order must accompany this form).

I give the Portland Parks and Recreation Dept. permission to use any photographs taken during the program to be used in any advertising, i.e. web site, program literature: Yes No

Table with 3 columns: Program(s), Date & Time, Fee. Row 1: 1. TOTAL:

I hereby agree to hold harmless the Town of Portland and its agents for any accidental injury caused by participation in any Town of Portland sponsored activities. In signing this form, it is understood that Portland Parks and Recreation Department and the Town of Portland DO NOT assume responsibility for accidents and the participant(s) agree(s) to abide by all rules and regulations set by the Portland Parks and Recreation Department.

Parent or Guardian: (Print Name) (Signature) (Date)

