

WAVERLY CENTER CALENDAR Oct-16

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Indicates a special program Subject to change	Indicates 175th Anniversary Celebration Program					1 Bus Tour of Portland 1:00pm
2 Bus Tour of Portland 1:00pm	3 AEROBICS 9:30 LUNCH 12:00 BINGO 1:00 YOGA 1:00	4 BEARS 9:30 STRETCH 11:30 COUPONS 11:30 CARDS 1:00	5 AEROBICS 9:30 SYNCOPATION CAP 11:00am FALL PREVENTION 12:30	6 KNITTER'S 10:00 STRETCH 10:30 LUNCH NOON SCRABBLE 1:00 MAH JONGG 1:00	7 AEROBICS 9:30	8
9	10 CLOSED 	11 BEARS 9:30 STRETCH & FLEX 11:30 COUPONS 11:30 CARDS 1:00	12 AEROBICS 9:30 SYNCOPATION CAP 11:00am FALL PREVENTION 12:30	13 KNITTER'S 10:00 STRETCH 10:30 LUNCH NOON SCRABBLE 1:00 MAH JONGG 1:00 MOBILE FOOD PANTRY	14 AEROBICS 9:30 BRIDGE 1:00	15 Lantern Tour 6:00pm
16	17 AEROBICS 9:30 FALL PREVENTION 10:30 LUNCH 12:00 BINGO 1:00 YOGA 1:00	18 BEARS 9:30 STRETCH & FLEX 11:30 COUPONS 11:30 CARDS 1:00	19 AEROBICS 9:30 SYNCOPATION CAP 11:00am FALL PREVENTION 12:30PM	20 KNITTER'S 10:00 STRETCH 10:30 LUNCH NOON SCRABBLE 1:00 MAH JONGG 1:00	21 AEROBICS 9:30	22
23 Bus Tour of Portland 1:00pm	24 AEROBICS 9:30 FALL PREVENTION 10:30 LUNCH 12:00 BINGO 1:00	25 BEARS 9:30 STRETCH & FLEX 11:30 COUPONS 11:30 CARDS 1:00	26 AEROBICS 9:30 SYNCOPATION CAP 11:00am FALL PREVENTION 12:30PM	27 KNITTER'S 10:00 STRETCH 10:30 LUNCH NOON SCRABBLE 1:00 MAH JONGG 1:00	28 AEROBICS 9:30 BRIDGE 1:00	29

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31 YOGA 1:00

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