



# THE WAVERLY CENTER

## DECEMBER 2017

Accredited by   
National Institute of  
Senior Centers

**Another holiday season is upon us and I wish you and yours the happiest of times.**

-Mary

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### Important Information

7 Waverly Avenue, Portland

Phone (860) 342-6760

Fax (860) 342-6762

Hours Mon, Wed, Thu, Fri 9:00am-4:00pm

Tues 9:00am-7:00pm

Email: [mflood@portlandct.org](mailto:mflood@portlandct.org)

[crevicki@portlandct.org](mailto:crevicki@portlandct.org)

[glandry@portlandct.org](mailto:glandry@portlandct.org)

Meals on Wheels Call the Senior Center for information

Food Bank Monday and Thursday 9:00a.m-12:00noon (860) 342-6795

New England Mobile Food Pantry 2nd Thursday of the month, 12:30pm

Transportation: Dial a Ride (860) 347-3313 48 hour notice

Senior Van (860) 342-6760 (advance notice)



**December 6**

**December 7**

**December 7**

**December 12**

**December 12**

**December 13**

**December 14**

**December 14**

**December 20**

**December 21**

**December 25**

**Shopping Trip to IKEA**

**Foot Care by Appointment**

**A Connecticut Christmas Carol**

**Hearing Checks**

**Waverly Salon: Christmas Celebration**

**Blood Pressure Checks, 10:30-11:30am**

**Christmas Luncheon, St. Clement's**

**NE Mobile Food Pantry**

**Dining Out: Wright's Wood Fired Grill**

**ARTVan**

**Closed: Merry Christmas**

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**"The lovers of life, they are children at heart always in their wonder and delight."**

**-- Elizabeth Goudge**

## DONATION CENTRAL



Through our Donation Station between Mary and Carol's offices, we are able to do a lot of good for different groups. We are currently collecting pop tops, used eyeglasses and hearing aids, Boxtops for Education, grocery coupons and yarn. Now we are asking you to donate canceled stamps. Gildersleeve School is collecting them for a program. We can all do a lot more as a group than we can alone.

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## REMINDER

Therapeutic massage is available by appointment at The Waverly Center. Our massage therapist Joanie comes to us with a wealth of experience. Please call the center if you wish to schedule a massage.



## DINING OUT



Our Dining Out club will travel to Wright's Wood Fired Grill in Centerbrook on Wednesday, December 20. The Hartford Courant said Wright's "appears on the path to goodness, perhaps even greatness." The bus will leave the center at 4:30pm. Please sign up by December 18.

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## WAVERLY SALON

Please join us on Tuesday, December 12 for an early Christmas celebration. Portland Care and Rehabilitation Center has generously offered to sponsor this celebration and will be providing a musical group for listening or dancing if you are so moved. Ugly Christmas sweaters are welcomed, even encouraged. The festivities will begin at 6:00pm. Please sign up by December 1<sup>st</sup> at noon.



## SHOPPING TRIP TO IKEA

There will be a shopping trip to IKEA in New Haven on Wednesday December 6. We will leave the center at 9:30am. Lunch will be at Modern Apizza. Transportation fee is \$5.00. Please sign up by noon on December 4.

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### CHRISTMAS LUNCHEON

St. Clement's Castle in Portland has invited Portland seniors to a Christmas luncheon on Tuesday, December 14. Entrees are either salmon or chicken



Francese. Please specify your choice at sign up. They are requesting donation of a toy for their toy drive. Space is limited and you must sign up by December 4. You must provide your own transportation. If you do not drive, let us know and we will try to pair you with someone who is driving.

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### ARTVAN TO CRANE MUSEUM OF PAPERMAKING

The ARTVan will travel to The Crane Museum of Papermaking in Dalton, MA on Thursday, December 21. Explore the history of the oldest paper company in America from 1770 to today. Exhibits focus on papermaking through more than two centuries, Crane's fine 100% cotton stationery and, of course, the money you carry in your pocket every day.



The bus will leave the center at 10:00am and the cost is \$10.00. Please sign up by noon on December 19.

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### CALLING ALL OENOPHILES



Do you love wine? Are you a connoisseur? Join us on Wednesday, February 7 as we visit The Royalty Wine Making Group. We will enjoy wine sampling of their award winning, handcrafted wines and light appetizers. You will learn about the wine making process and have an opportunity to fill, cork and cap your own bottle of wine to take home. We will leave the center at 11:00am, go to lunch and then travel to the winery. The cost is \$35 for the tasting and transportation. Lunch is on your own. You **MUST** sign up and pay by Thursday, December 14.

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There is nothing in the world so irresistibly contagious as laughter and good humor.

Charles Dickens

May **YOUR** holidays be full of laughter and good humor!

