



THE WAVERLY CENTER

JULY 2017

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National Institute of
Senior Centers

“Being a traditionalist, I’m a rabid sucker for Christmas. In July, I’m already worried that there are only 146 shopping days left.” That quote is from film director John Waters. I have not yet started the countdown to Christmas, but the fact is we are entering the second half of the year and I’m not quite sure how we got here so quickly. Just another reminder to make the most of every day we have! Here’s to sunny skies, warm weather and lots of fun this summer.

-Mary

Important Information

7 Waverly Avenue, Portland

Phone (860) 342-6760

Fax (860) 342-6762

Hours Mon, Wed, Thu, Fri 9:00am-4:00pm

Tues 9:00am-7:00pm

Email: mflood@portlandct.org

crevicki@portlandct.org

glandry@portlandct.org

Meals on Wheels Call the Senior
Center for information

Community Café Monday, Thursday 12:00 noon (Reserve in advance) ON HOLD

Food Bank Monday and Thursday 9:00a.m-12:00noon (860) 342-6795

New England Mobile Food Pantry 2nd Thursday of the month, 12:30pm

Transportation: Dial a Ride (860) 347-3313 48 hour notice

Senior Van (860) 342-6760 (advance notice)

ITN (860) 346-RIDE (7433)



July 3 and 4

July 5

July 5

July 6

July 11

July 11

July 13

July 13

July 18

July 19

Closed: Happy 4th of July!

Blood Pressure Checks

Walker’s Dinner: Atlantic City

Foot Care by Appointment

Waverly Salon: The Spinning Experience

Hearing Checks

ARTVan to Wadsworth/Chick Austin House

NE Mobile Food Pantry

Dining Out: Braise & Brew

Blood Pressure Checks

ARTVAN NEWS



Our July ARTVan will be visiting the Wadsworth Athenaeum and Chick Austin House on Thursday, July 13. Because of the visiting restrictions at the Chick Austin House, space is strictly limited and signup accompanied by advance payment must be received. The bus will leave the senior center at 10:15 and the cost of the trip is \$35.

On August 10 we will travel to Wilderstein. The history of Wilderstein begins in 1852 with Thomas Suckley's purchase of the river front site. Suckley named the property "Wilderstein" (wild man's stone) in reference to a nearby Indian petroglyph, a reminder of the site's previous cultural heritage. Three generations of the Suckley family lived in the home, amassing personal and ancestral effects that attest to the social history of the estate, the family and their place in the Hudson Valley. The last resident of Wilderstein was Margaret (Daisy) Suckley, cousin and confidante of FDR.

The bus will leave the center at 9:30am and the cost is \$20. Lunch will be on your own. Please sign up by noon on August 8

DONATION CENTRAL



Through our Donation Station across from Mary and Carol's offices, we are able to do a lot of good for different groups. We are currently collecting pop tops, used eyeglasses and hearing aids, Boxtops for Education, grocery coupons and yarn. Now we are asking you to donate canceled stamps. Gildersleeve School is collecting them for a program. We can all do a lot more as a group than we can alone.

REMINDER

Therapeutic massage is available by appointment at The Waverly Center. Our massage therapist Joanie comes to us with a wealth of experience. Please call the center if you wish to schedule a massage.





DINING OUT TO BRAISE & BREW

Our Dining Out Club will travel to BRAISE & BREW Tavern in Westbrook On Tuesday, July 18. Braise & Brew features both new and traditional American food in a gastropub setting. We will leave the center at 12:15pm. Transportation fee is \$5.00. Please sign up by noon on July 17.

WALKING UPDATE

Our walkers finished the first leg of their walking trip to Key West, arriving in the Big Apple on May 1. We celebrated with a New York themed dinner of Nathan's hot dogs, chocolate egg creams and apple pie. We are about to arrive in Atlantic City and will celebrate our arrival with an Atlantic City themed dinner on Wednesday, July 5. You don't have to be walker to join us for dinner and it's never too late to join us as a walker. Pick up a walking log in the office, tie up your sneakers and get moving!



THE SPINNING EXPERIENCE



This month's Waverly Salon on Tuesday, July 11 will feature THE SPINNING EXPERIENCE with Linda Tompkins. She will talk about the history of spinning, fibers and yarn and then provide a spinning demonstration. The program will begin at 6:00pm and there will be a light dinner served. The cost is \$5.00 and we ask that you sign up by noon on Monday, July 10.

CHIHULY NIGHTS

Join us on Thursday, October 26 when we travel to the New York Botanical Gardens for Chihuly Nights, a display of Dale Chihuly's large scale glass sculptures. In the evening they are lit to bring an additional dimension to the stunning display. The cost for transportation and tickets is \$50.00. Departure time is not yet set but will most likely be mid afternoon with return late in the evening. If you are interested please let us know. Space is limited.



